



Beth Jacob Synagogue
July 7, 2026 Weekly Announcements



A Message from your Shabbat Gabbi"

This week as we continue our journey through the Triennial cycle, we will conclude our reading from the Fourth Book of the Torah, the Book of Numbers with a double parashiyot, Mattot-Mas'ei. The parashah begins with a series of regulations of oaths and vows and then describes the battle against Midian. For those with access to a copy of the Etz Hayim (or any other volume that contains the Five Books of Moses), the triennial reading can be found starting with Chapter 30 Verse 2 on page 941 of the Etz Hayim. We conclude the weekly reading on page 949 at the end of Chapter 31 (verse 54).

Messilat Yesharim/Essential Kabbalah

We continue these long-running classes:

Messilat Yesharim: Each Thursday morning, at 8:30, we engage with a *mishnah* found in this 18th century work that is the high point of Jewish ethical training under the heading of *Mus-sar*.

Essential Kabbalah: Every other Thursday night (**including this Thursday night, July 9**), we meet at 7:30 for approximately an hour, studying various kabbalistic works in English translation, written over the last 10-15 centuries.

If you have an interest in either of these classes, or if there is something else that you would like to study, please let Rav Julius know.

Mishebeirach

Berne Vasquez Kapili	Michelle Nash
Beth Camassar	Pamela Magliano Cannata
Billy Maynard	Patricia Tilley
Bonnie Curkin	Tiffany Gravel
Emma Fries	Tim Menard
Shirley Christian	Ahoova Hana bat Gila
Seth Curkin	Chaim ben Libba
Rabbi Gary Atkins	Michal ben Sarah
Jenn Rockwell	Moshe Ben Rochel
Jeremy Federman	Tzvi ben Basha
Marvin Levine	Yosefah Chaya bat Leah
Michael Francis	

Message from Rav Julius

After taking off a little time while we get our batteries rejuvenated, we return to the Sanctuary for our Shabbat services, in the Chapel on Friday evening and in the Sanctuary for Shabbat morning.

And since it is Shabbat morning, it's also a return to our 'full' service: which begins with davenning in the 10 o'clock hour, Torah reading and study in the 11 o'clock hour, and then Kiddush in the 12 o'clock hour – all of which contributes to that unique experience we call Shabbat!

We continue the distribution of a ZOOM link for Shabbat morning services, as we do for all of our services, and especially for those who are homebound, either temporarily or on a longer term basis. But if you're not in that category, is a ZOOM experience on Shabbat morning, *sans* Kiddush, really a 'substitute' for an in-person appearance?

To celebrate our/my return, I am sponsoring this week's Kiddush in gratitude for having overcome my long term injury and without any further surgery indicated. In true Rabbinical fashion, let me reprise my response when I first heard that news: YIPPEE!!!

PRAYER SERVICE

Friday night, 6:00 pm —Live + ZOOM

Shabbat morning prayer service, 10:00 am—Live + Zoom

At the conclusion of services, we will have our enhanced, gourmet Kiddush and luncheon.



Beth Jacob Synagogue

Extends Condolences to our Member
Gail Navick

On the loss of her husband

Jerald Navick

We also extend condolences to members
Murray Navick,
on the loss of his brother
Glenn & Nancy Gordon,
on the loss of their brother-in-law

LIST OF COMING YAHRZEITS FOR MEMBER'S LOVED ONES

July 7 to July 17

July 8 **23 Tammuz**

Thelma Weisman —
Aunt of Murray Navick;
and Kaye Winakor

July 11 **26 Tammuz**

Arthur Goldblatt —
Uncle of Michael Goldblatt
and Ellen DeLeon

July 12 **27 Tammuz**

Martin Kaplan —
Brother of Arlene Dressler
 Lillian Bloch — *Mother of Joan Gordon*

July 14 **29 Tammuz**

Benjamin Ringel —
Grandfather of Faye Ringel
 Hal Kaplan — *Father of Jane Katzoff*

Second Act Hot Lunch The Jewish Federation OF EASTERN CONNECTICUT

📍 CHECK DATES FOR LOCATION 🕒 12:00PM

JUNE 22 Menu: Cheese and/or Veggie Pizza, Side Salad, and Fresh Fruit (From Illianos)
Temple Emanu-El

JUNE 29 Menu: Tuna Salad Grinders with Lettuce, Tomato, and Cheese, French Fries, and Side Salad (From Asylum St Pizza)
Jainchill Clubhouse at JFEC

JULY 6 Menu: Herb Roasted Chicken, Saffron Yellow Rice, Green Beans, and a Whole Wheat Roll
Jainchill Clubhouse at JFEC

JULY 13 Menu: Sushi & Sashimi, Cucumber Salad, Edamame, and Asparagus (From Mahzu)
Jainchill Clubhouse at JFEC

JULY 20 Menu: Hot Dogs & Hamburgers, Potato Salad, Corn on the Cob, and Baked Beans (BBQ & Beach Party!)
Temple Emanu-El

JULY 27 Menu: TBD
Jainchill Clubhouse at JFEC

AUGUST 3 Menu: Deli Sandwiches, Coleslaw, and Potato Chips (From Crown Market)
Temple Emanu-El

AUGUST 10 Menu: TBD
Jainchill Clubhouse at JFEC

AUGUST 17 Menu: Falafel, Hummus, Baba Ganoush, and Eggplant (From Taza in Niantic)
Temple Emanu-El

AUGUST 24 Menu: BBQ Chicken, Garden Salad, Corn on the cob, Roasted Red Potatoes, & Fresh Fruit (Farewell Summer!)
Temple Emanu-El

TO RESERVE YOUR SPOT AT ANY OF THESE LUNCHES, PLEASE RSVP TO ADREISHKA AT (860) 300-4457 NO LATER THAN THE FRIDAY BEFORE EACH DATE!

Candle Light Times

July 2026

July 10 8:08pm

July 17 8:04pm

July 24 7:58pm

July 31 7:51pm

Ba-rukH atah A-do-nai, e-lo-hay-nu-me-lekh ha-olam, a-sher kid-sha-nu-bemitz-vo-tav ve-tzi-vanu Le-had-lik ner shel Shabbat.

Blessed are you, Lord our God, Sovereign of the Universe, who has sanctified us by Your commandments and has commanded has commanded us to kindle the Shabbat lights.

ALL are WELCOME

BETH JACOB SUPER SHABBAT



Daven at Beth Jacob



Sing aloud at Beth Jacob



Hang out with Friends at Beth Jacob



**Number
ONE
Kiddush
Luncheon
On the
Planet**

**It's
NOSH
TIME**

Kashruth observed

Shabbat Services: 10 AM 'til Noon
NOSH Time: Noon until you're stuffed
COME ANY TIME— LEAVE ANY TIME

Beth Jacob Synagogue
 400 New London Turnpike
 Norwich, CT

A conservative Jewish
 congregation
 Julius Rabinowitz, Rabbi